# The Philosophy of Classical Yoga

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2 of 2 review helpful For Scholarly Students of Patanjali By L Ron Gardner This book is a worthwhile read for serious and cerebral students of classical yoga meaning the sutras of Patanjali Renowned yoga scholar Mircea Eliade 1907 1986 properly described it as ldquo one of the most profound and original contributions to the understanding of classical yoga rdquo Author Georg Fuerstein 1947 2012 arguably the fore This is the first comprehensive and systematic analytical study of the major philosophical concepts of classical yoga The book consists of a series of detailed discussions of the key concepts used by Patanjali in his Yoga Sutra to describe and explain the enigma of human existence and to point a way beyond the perpetual motion of the wheel of becoming Feuerstein s study differs from previous ones in that it seeks to free Patanjali s aphoristic statements from the accre This is certainly one of the most profound and original contributions to the understanding of classical yoga Mircea Eliade An all too rare combination of sound scholarship common sense and personal experience Feuerstein s views born

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