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Raja-Yoga And Patanjali's Yoga Aphorisms

By Swami Vivekananda

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By Swami Vivekananda : Raja-Yoga And Patanjali's Yoga Aphorisms Raja-Yoga And Patanjali's Yoga Aphorisms:

0 of 0 review helpful I know that most Indians love to point to Veda as the origin of everything By ReadingIsLiving Not impressed With the book not with the author At least for me most of the book was a rehash of various Indian schools of philosophical thoughts and meditation in general One point of dissent is why meditation and non violence is being associated with Vedas the ancient scriptures Raja Yoga Preface Introductory The First Steps Prana The Psychic Prana The Control of Psychic Prana Pratyahara and Dharana Dhyana and Samadhi Raja Yoga in brief Patanjali s Yoga Aphorisms Introduction Concentration Its spiritual uses Concentration Its practice Powers Independence Appendix Swami Vivekananda was born on 12th January 1863 and died on 4th July 1902 He was also known as Narendra Nath Datta He was a firm advocate of Vendatta Philosophies and Yoga He w

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